

## The Critical Role of Implementation Investigators: Navigating **Challenges in Complex Environments**



Ayesha Iqbal<sup>1</sup>, Jordan Tate<sup>1</sup>, Puneeta Tandon<sup>1,2</sup>, Lee Green<sup>1</sup>, Denise Campbell-Scherer<sup>1,2</sup>

Office of Lifelong Learning & the Physician Learning Program, Faculty of Medicine and Dentistry, University of Alberta, <sup>2</sup>Department of Family Medicine, Faculty of

Medicine and Dentistry, University of Alberta

### BACKGROUND & OBJECTIVE

- Implementing interventions in complex ecosystems frequently face unanticipated challenges and rarely adhere to preset plans.
- Cirrhosis Care Alberta (CCAB) trial, initiated in 2018, faced unforeseen challenges; COVID-19, delayed electronic record launch, staffing changes, and a new system level acute care bundle intervention (Figure 1).
- The study aims to investigate how study investigators successfully navigated the emergent challenges during the implementation of the CCAB trial.

# **Critical Incident Timeline**



#### METHODS

- An adapted Critical Decision Method (CDM) was used (Figure 2).
- Those who implemented (investigators) or helped implement (facilitators) the CCAB trial were interviewed both in-person and virtual (via zoom) using a semi-structured topic guide from June-December 2023.
- A deductive directed Qualitative Content Analysis (DQICA) analysis approach was used. The macrocognition framework was used to analyze the data (Figure 3).

RESULTS

CCAB implementation investigators used complexity enriched macrocognitive skills to adapt the

implementation strategy pragmatically in response to emerging challenges throughout the implementation process.

- Sensemaking and sense giving, planning and replanning and employing formal and informal methods for monitoring and detection allowed investigators to adapt implementation strategy as necessitated.
- The team was able to foster, maintain, and leverage the social capital needed to maintain situational awareness and support coordination, communication and decision making to navigate the emerging constraints and uncertainty dynamically over time.
- Flexibility, unusual willingness to revise and update mental models; and, a clear focus on, fidelity to, patient oriented objectives, and replanning characterized the team's management of the unexpected.



CONCLUSIONS

Employing a complexity-informed, iterative, socially connected, and flexible approach to essential knowledge work functions, alongside a readiness to revise and alter mental models, proved essential for successful implementation in a highly dynamic context.

Studying investigators' real-time sensemaking and adaptations can reshape implementation science, offering insights into how evidence-based interventions transition within complex systems amid changing contexts.

**Decision-making** extends beyond choosing between options; it involves identifying alternatives and recognizing the possibility of multiple choices.

Decision

making

Managing the unknown

Monitoring

and

detection

**Tracking the progress** of implementation processes to assess effectiveness, whether through deliberate formal methods or informal observations.

Navigating uncertainty involves anticipating events and employing sense making, monitoring, and detection processes. Teams transition from informal 'wrangling' to formal contingency planning as necessary

Figure 3: Macrocognition framework

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