

Enhancing the use of patient-reported outcome measures (PROMs) in Alberta



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Who we are?

Alberta PROMs and EQ-5D Research & Support Unit (APERSU) is a centre of excellence that aims to enhance the research and use of PROMs in the Alberta health system.

What we do?

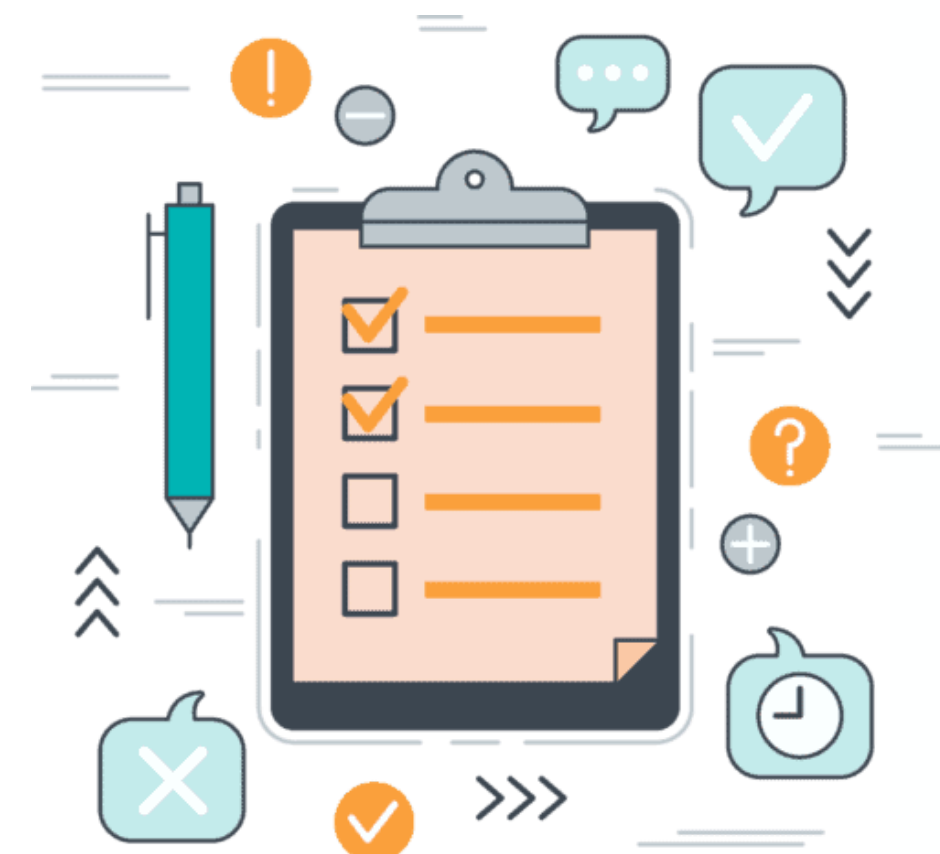
We have two mandates: 1) we conduct methodological and applied research to investigate the use of PROMs in various applications; and 2) we provide licensing for the EQ-5D instruments and provide expert support on using the EQ-5D and other PROMs.

How can we help?

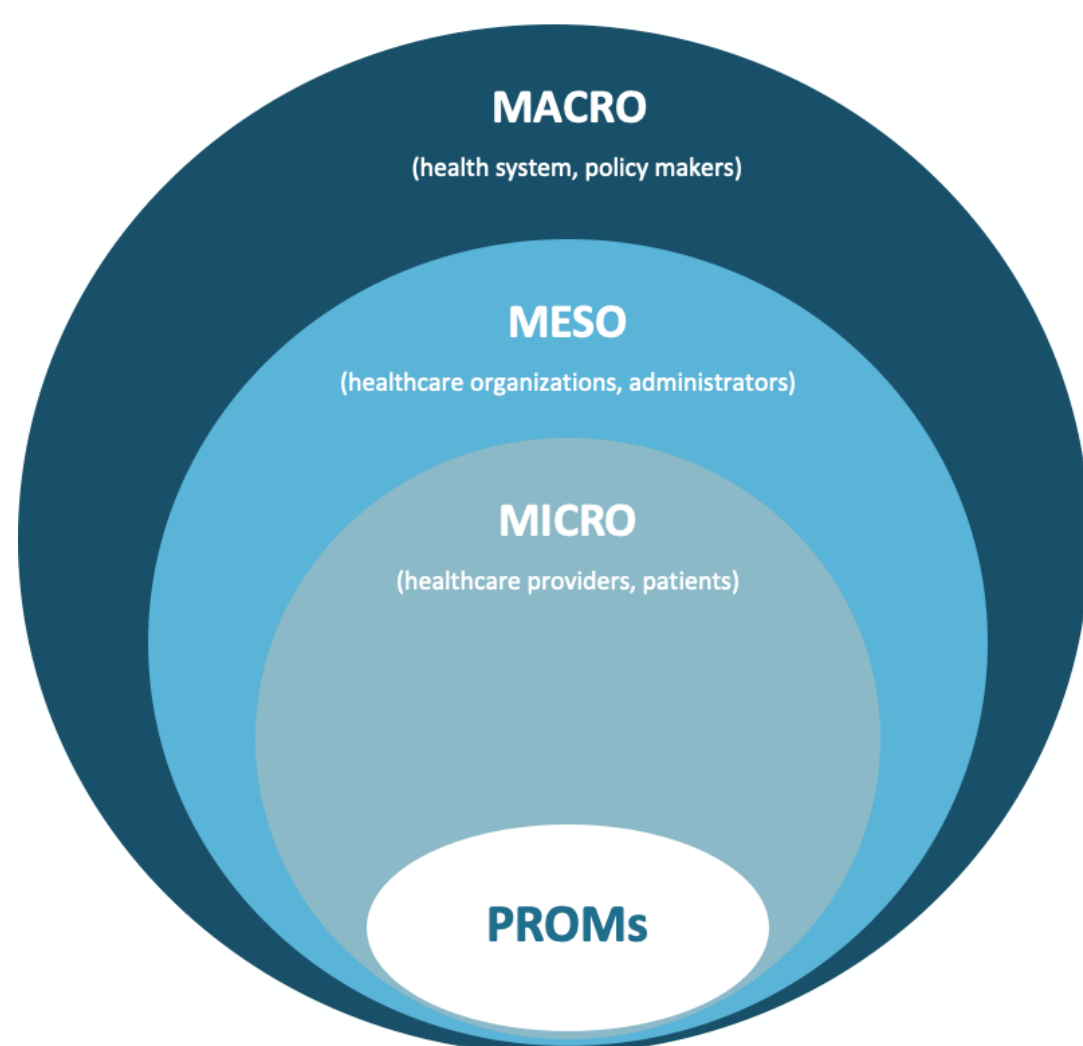
We provide one-on-one consultations on integrating PROMs into routine outcome measurement in various clinical settings, into clinical and RWE studies, as well as in population health assessment initiatives, in addition to offering various capacity building activities including webinars, seminars and workshops.

What are PROMs?

- Patient-reported outcome measures (PROMs) are **standardized measurement instruments** designed to assess health status or certain aspects of health as directly reported by the patient.
- PROMs assess various **patient-centric** outcomes such as:
 - Health-related quality of life
 - General well-being
 - Functional abilities
 - Symptom burden
 - Physical functioning
 - Mental health functioning
 - Social functioning
- PROMs can be **generic** (i.e., designed to capture aspects of health applicable to all patients), or **disease-specific** (i.e., designed to capture aspects of health specific to an illness or its impact on a patient)
- PROMs development and validation involves a rigorous research process that involves both quantitative and qualitative research methods to ascertain a measure's **reliability** and **validity**.



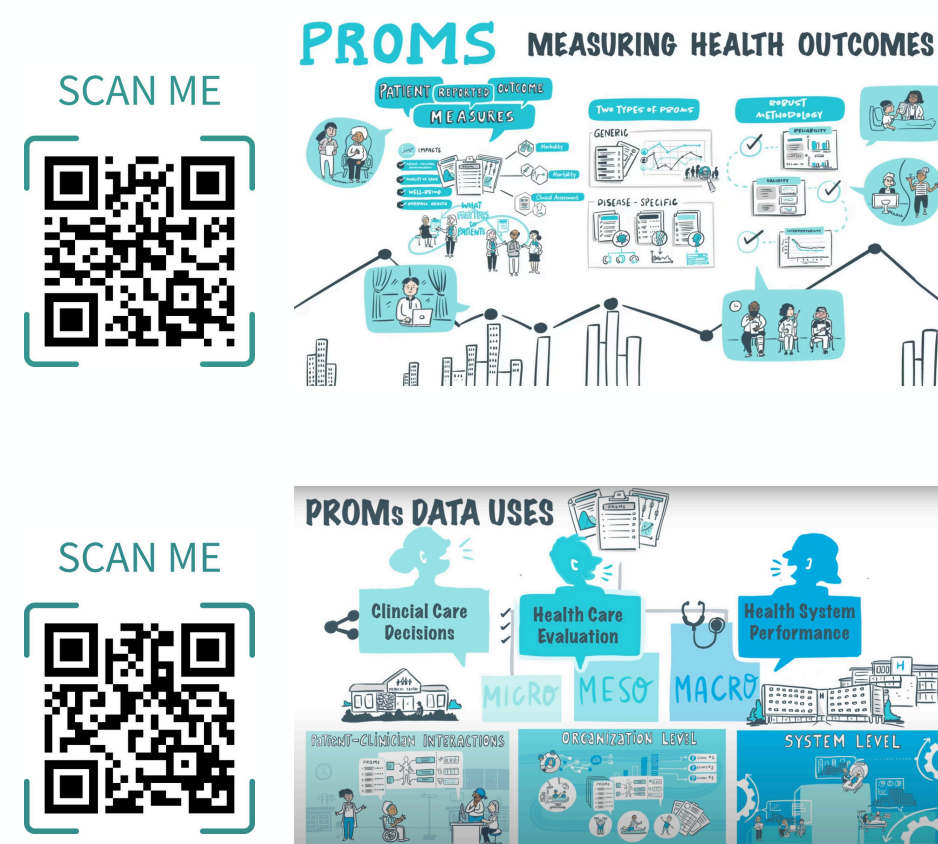
PROMs in Health Systems



Multi-level Framework

- Quality indicator
- Benchmarking
- Quality improvement
- Performance evaluation
- Economic evaluations
- Individual patient management & care planning
- Patient-provider communication
- Shared decision making

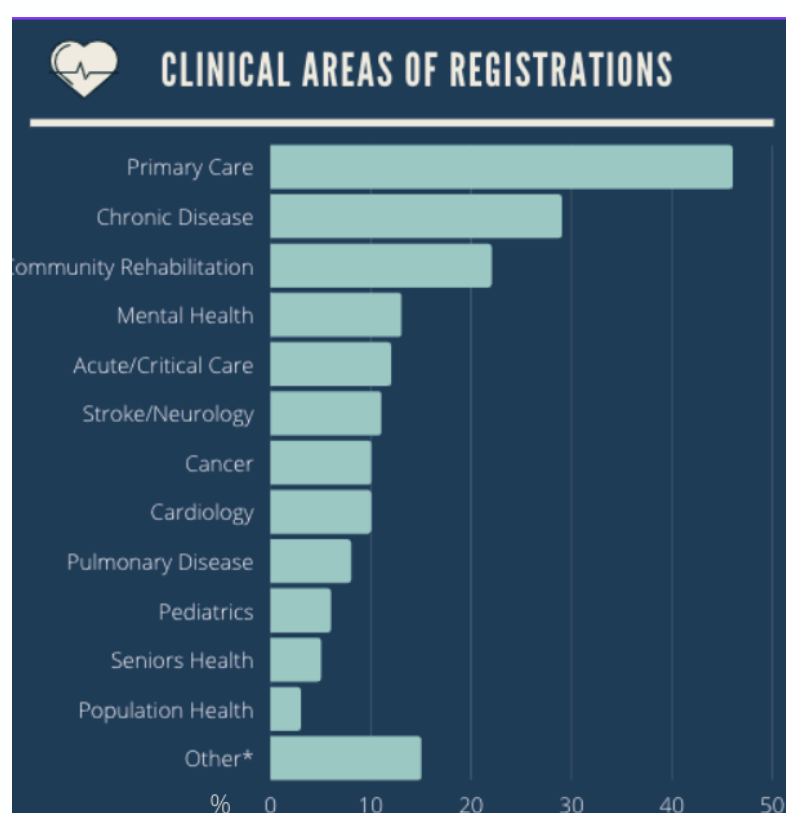
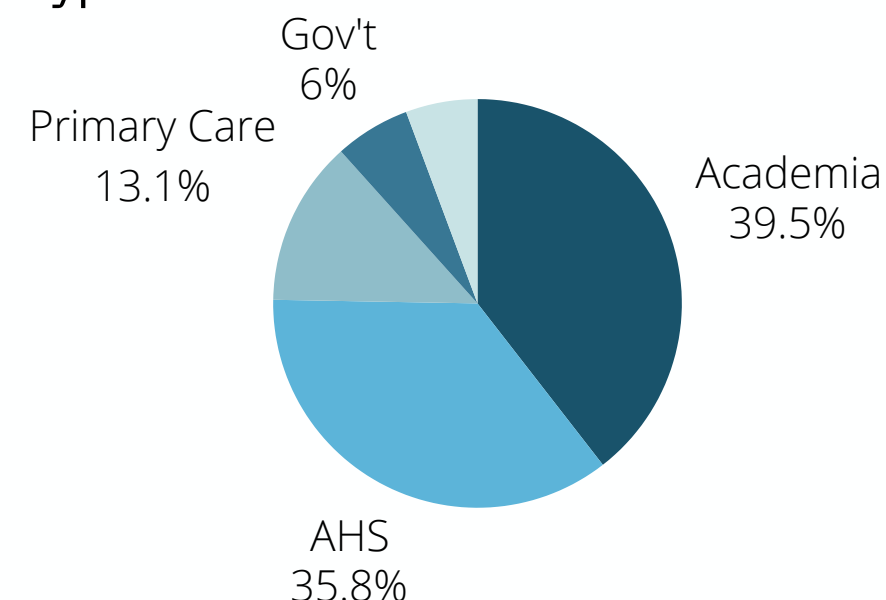
To learn more about PROMs, check out our summary videos



PROMs in Alberta

344 End-Users 192 EQ-5D Licenses

Types of End-Users



*E.g., bariatrics, ophthalmology, hematology, infectious disease, genetics

Our Partners

APERSU has been operating through the generous support of our partners



To book a consultation, scan here

