

Income and Economic support for newcomers in Alberta

Conversation guide



When a patient expresses concerns for housing or income please consider

1. Language of the patient. Request a english speaking family member or an interpreter if needed (language line)
2. Referring patient to community agencies to **assist** in applying for supports
3. Cultural distance - understanding pre-migration context
4. Patient access to technology (library has access to internet)
5. Possibility of long waitlists for most providers

Please contact first



✉ info@ab.211.ca
🌐 <https://ab.211.ca/>
☎ 2-1-1

211 is a single access point to the health, human services, community resources, and government assistance people need every day as well as in times of crisis.



Subsidized support
Housing rent fixed at 30% of your gross annual income or below market value



AISH support
Assured income for the severely handicapped



Seniors support

See reverse of page for list of resources



Service only available for Canadian citizens and permanent residents



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Depending on your needs, ability to work and size of your family, you may get money for:

Basic expenses: food, clothing and shelter, childcare, special diets, utility connection fees, work-related expenses, unexpected emergencies, costs to leave family violence, school expenses for children

Main Alberta Supports Contact Centre

- ✉ css.ascc@gov.ab.ca
- ☎ 1-877-644-9992
- 🌐 <https://www.alberta.ca/income-support.aspx>

24-hour Emergency Income Support Contact Centre

- ✉ css.iscc@gov.ab.ca
- ☎ 1-866-644-5135



You may use these online resources to find job postings in your area

Indeed 🌐 <https://ca.indeed.com/>

Indeed is the #1 job site in the world with over 250 million unique visitors every month. Indeed strives to put job seekers first, giving them free access to search for jobs, post resumes, and research companies. Every day, we connect millions of people to new opportunities.

Monster 🌐 <https://www.monster.ca/>

Monster is a global leader in connecting people and jobs.

Canada Job Bank 🌐 <https://www.jobbank.gc.ca/home>

Job Bank is Canada's national employment service, available as a website and mobile app. We help Canadians find work and plan their careers, and we make it easier for employers to recruit and hire across the country.

Employment and training support

Employment guidance, Career support, Resume help, Job search support, language training



Monday - Friday
8:30 a.m. to 5 p.m.

Francophonie Albertaine Plurielle

- ✉ info@frap.ca
- ☎ (780) 540-7604
- 🌐 <https://www.frap.ca/>



Monday - Friday
8:30 a.m. to 4:30 p.m.

Edmonton Mennonite Centre for Newcomers

- ✉ info@emcn.ab.ca
- ☎ (780) 424 7709
- 🌐 <https://emcn.ab.ca/>



Mon 9:00^{am} - 5:00^{pm}
Tues - Fri 9:00^{am} - 8:00^{pm}
Sat 12^{pm} - 8:00^{pm}

Action for Healthy Communities

- ✉ communications@a4hc.ca
- ☎ (780) 944-4687
- 🌐 <https://a4hc.ca/>



ISLAMIC FAMILY & SOCIAL SERVICES ASSOCIATION

Monday - Friday
24 / 7

Islamic Family & Social Services Association

- ✉ info@ifssa.ca
- ☎ (780) 900-2777
- 🌐 <https://www.ifssa.ca/>



Monday - Friday
8:30 a.m. to 5 p.m.

Catholic Social Services

- ✉ info@cssalberta.ca
- ☎ (780) 432-1137
- 🌐 www.cssalberta.ca/



Monday - Friday
8:30 a.m. to 4:30 p.m.

Migrante Alberta

- ✉ migrantealberta@gmail.com
- ☎ (587) 882-3210
- 🌐 www.migrantealberta.ca